

FOLDED HILLS

WINERY · RANCH · FARMSTEAD

FRESH TUNA SALAD

Ingredients:

- 1 can of tuna
- 3 tablespoons carrots (diced)
- ¼ cup mayonnaise
- 2 tablespoons parsley (diced)
- 2 celery stalks (diced)
- 1 tablespoon Dijon mustard
- 2 tablespoons Mexican or red onion (diced)
- salt & peper (to taste)
- 1 clove crushed garlic
- squirt of lemon
- Shepherd salad mix

Directions:

Step 1: Chop up all your fresh veggies. Open a can of tuna and drain.

Step 2: Mix all ingredients together in a large mixing bowl, making sure to break up any large pieces of tuna

Step 3: Season with salt and pepper to taste. Don't be afraid to play with the ingredients!

Serve:

With crackers as a snack!

Over fresh greens mix with an extra squirt of lemon as a tasty salad

With your favorite bread bread & a handful of salad mix for a filling sandwich

Pair with August White



Point phone camera at
QR Code for more info.

